



Summary from PACE Meeting 3 October 2023

26 PACE Supporters met in The Crown, Manningtree.
Chaired by John Hall

The PACE Local Food Project

Jim Sumberg explained the background to this topic with the assistance of Chris Bowden, Andrew Whitefield and Harry Elliot. They covered the present “food system” which brings the wide range of foods to our district and to our tables and some of the “assets” which enable this food system such as existing shops, markets, food producers, farmers, gardeners even foragers. This food system incurs a lot of food miles and carbon emissions, and the team are considering some aspects of the transformation needed to make this more sustainable. A survey was undertaken to assist the team in deciding a way forward with this project.

Peach and Pippin

Ian Warder explained how he had taken over this organic orchard in Hungerdown Lane, Lawford, previously the Apricot Centre. Previously Ian had taught in a school, so he was on a steep learning curve to manage the orchard which is mainly apples and pears with some veg and flowers and he has extended to include free range eggs. Peach and Pippin has a link with the local Benison Farm in Thorrington which grows organic vegetables, so they run a combined Box Scheme. Ian creates added value by producing large amounts of bottled fruit juices, jams, chutneys and other preserves and sells these at Stoke Newington Market every Saturday.

Tales from the PACE Community Allotment

Sarah Smith and Sarah Harrison explained the history of the PACE Allotment at Mistley where we share our experiences every Sunday morning of Growing-Your-Own with any local gardeners/allotment holders who would like to join us. As well as producing good veg and helping others to get going, the sessions are very good for our own wellbeing, both Physical and Mental.

PACE has just heard that the Charity Commission has agreed our registration as a charity on 29 September 2023 Registered Charity, Number 1204980

Next PACE Supporters Meeting: Tuesday 7 November 7.30pm The Crown, Manningtree